

8th Grade
Health

Teacher: Cindy Goodrich

Textbook: MacMillan/McGraw-Hill Health and Wellness; Discovery Education Videos

Health will be blocked with Speech and taught the whole year. Students will receive one semester high school credit for both Health and Speech.

1st - 9 weeks: Students will explore "What the Bible says about Health";
Chapter 1 - Mental, Physical, and Emotional Health (Health Triangle)
Chapter 2 - Family and Social Health

2nd - 9 weeks: Chapter 3 - Growth and Development
Chapter 4 - Nutrition

3rd - 9 weeks: Chapter 5 - Personal Health and Physical Activity
Chapter 6 - Violence and Injury Prevention
Chapter 7 - Alcohol, Tobacco, and Other Drugs

4th - 9 weeks: Chapter 8 - Communicable and Chronic Diseases
Chapter 9 - Consumer and Community Health
Chapter 10 - Environmental Health